



August '20 Edition



Zemgale NGO Centre and its **EuroDesk newsletter** is a provider in the field of opportunities for young people (13-30 years) in Latvia. EuroDesk is funded by the **European Commission**. Whether you are looking for *volunteering opportunities with Erasmus+, trainings, youth exchanges or traineeships* - our approach is to give you selected information: short, current and useful.

All opportunities mentioned below apply for people whose residence is in **Latvia**.



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What is the European Solidarity Corps?



The **European Solidarity Corps** is the European Union initiative, which creates opportunities for young people to volunteer or work in projects - in their own country or abroad - that benefit communities and people around Europe.

Participants aged 18-30 can be placed with a project either for volunteering (European Volunteer Service) or for a traineeship, an apprenticeship or a job for a period between 2 weeks and 12 months usually located within the European Union Member States, however not limited to only these. Young people can get involved in a broad range of topics such as *education, health, social integration, support for migrants and refugees, environmental protection, and plenty of other exciting and challenging areas.*

The skills that you gained during your volunteer service will be **certificated** with a **YouthPass!**

After completing a simple registration process on the **European Youth Portal**, European Solidarity Corps participants could be *selected and invited* to join a project or *apply* for a specific project themselves.

With this program there is no sending organisation needed, all costs

We gave you a selection of possible placements for your EVS, but to see all available opportunities for **ESC** you have to **register first**. But don't worry, it doesn't take long! :)

Long term Volunteer Service (7 - 12 months)

ESC in YOUTH OFFICE, Italy

Duration: 01/10/2020 to 31/07/2021 (10 months)

Project Description: The volunteer will participate in the activities of the Consorzio Solidarietà Sociale (an organisation that works with several social cooperatives), in the field of Media&communication/Youth information, working at the department that manages the ESC. Tasks: -work at the office(preparing documents,copies, sending mails,etc) -keep on FB page&blog dedicated to ESC(news,articles,opportunities,events,etc.). -supporting the organization of events with the goal of create moments of intercultural confront but also to promote the subject of solidarity and active citizenship; - support on the communication with the volunteers abroad and the young people interested on ESC or "ServizioCivile".

Application deadline: 31.08.2020

Application via: Solidarity Corps Portal

Ambassadeur du Programme Erasmus + en Région Occitanie, France

Duration: 01/09/2020 to 30/09/2021 (12 months)

Project Description: THE ACTIVITIES : *Participation in projects of the organization: participating in specific projects of the organization, supporting the team in developpement of new european projects, participating in the elaboration of actions of youths and communicating, animating workshops for youths on the subject of international mobility and/or interculturality (linguistic workshops), promoting the organization and its actions to youths and the professionnals of the youth and insertion sectors, initiating new actions, proposing new missions related with the objectives of the program and depending on the motivations of each volunteer *Promoting international mobility: Promoting the organization and its action to youths and the professionnals of the youth and insertion sectors, raising awareness for international mobility, animating help desks/stands, participating in fairs, forums..., informing the youths about the organization, communicating (posters, video and/or photo, articles, newsletter).

Application Deadline: 28.08.2020

Application via: Solidarity Corps Portal

Sport studio Balansas, Lithuania

Duration: between **01/10/2020 to 31/08/2021 (11 months)**

Project description: Sport studio Balansas It is located in Ukmergė - a town 70km away from capital Vilnius and Kaunas. Balansas has two premisses - first one is dedicated for sport activities (functional trainings and other) and second - for climbing wall and activities with children. The main regular activities of the organization: functional training for adults, health classes for young children (1.5-3 years), exercises for seniors. Seasonal activities - participation in outdoor training, public events, organizing morning exercises during the city festival, children's summer camps and other. Also studio host voluntary project "Youth is talking" - its a weekly meetings with young people to discuss and share the topics and film it. Volunteers will be supporting the activities, work with children and youngsters, help to prepare the premisses and guide activities on the climbing wall. It is a great placement for active and sporty volunteers.

Application Deadline: 23.08.2020

Application via: Solidarity Corps Portal

Experimenting Transition in Southern Ardèche, France

Duration:01/10/2020 to 30/06/2021 (9 months)

Project description: The Hameau des Buis is an ecovillage member of GEN Europe. Twenty bioclimatic houses made of wood, clay and straw are home to forty people of all generations. We have a goat herd and a market garden, as well as a bakery where our bread and delicious croissants are cooked. The volunteers will support the agricultural activity : accompany the goats on their daily outings, help in the garden. They will also have the opportunity to play with the children, participate in the cultural and festive activities of the ecovillage with all the inhabitants. Volunteers will be able to discover food-producing agricultural activities through permaculture and goat breeding, but also soap making, cosmetics, food processing...many opportunities for informal learning through interactions with retired people willing to pass on their knowledge and experiences.

Application Deadline: 31.08.2020

Application via : Solidarity Corps Portal

Solidarity: my life attitude, Slovakia

Duration: **01/10/2020 to 30/09/2021 (12 months)**

Project description: : We are non-governmental organisation working in the field of youth. We are settled in rural region Orava. Our organisation is based on Christian principles and values. We are currently looking for volunteers. Young people are our main target group, but we also work with people from local community, including those in difficult social situation. Volunteers can choose between those two options: 1. Organizing events, workshops and inspirational activities for children and young people, helping with volunteering activities, cooperation with schools – after school activities and language classes. 2. Becoming part of promotion team of our organisation – creating graphic materials, The project is open to all young people who are motivated to learn and also want to develop their skills in working with people from the local community. We are open only for volunteers from programme countries.taking and editing photos and videos, helping wih marketing strategies.

Application Deadline: 10.09.2020

Application via: Solidarity Corps Portal

The Elephant in the Room: Health and Inclusion II, Slovenia

Duration:14/09/2020to30/06/2021(8months)

Project description: CIRIUS Kamnik (Center for rehabilitation, education and training) is a public institution, specialised for education and wholesome training of children and youngsters who are physically handicapped or have other various longterm illnesses. We offer a range of opportunities for youngsters to live a full and dynamic life beside offering them Educational and Training courses. We offer primary school and secondary school programs, special program of education, physiotherapy, occupational therapy, speech therapy, medical services and health care. Volunteers can be included in following activities: - organizing and implementing different activities for children and youngsters - presenting their country and culture - teaching basics of their language - helping with the organization of projects on local and international level - helping with sport activities and competitions, school garden, healthy life-style activities, different international projects - developing their own ideas. We are welcoming in our Center young people who would like to work with children and youngsters with special needs and recognise that every individual has something to offer to the community.

Application Deadline: 21.08.2020

Application via: Solidarity Corps Portal

ESC WITH PEOPLE WITH DISABILITIES, Italy

Duration: 01/09/2020 to 01/05/2021 (9 months)

Project description: Associazione Kora is currently looking for ESC volunteers to work with people with mental disabilities.

Activities:

- * Artistic workshops (ceramics, music, theatre...)
- * Sports
- * Agriculture and gardening
- * Recreational activities (games, walks, visits...)
- * Keeping company to people with disabilities (watching a film, having a chat, sharing daily life activities)

Application Deadline: 16.08.2020

Application via: Solidarity Corps Portal

CALL FOR VOLUNTEERING IN A FARM IN ITALY

Duration: 01/09/2020 to 30/08/2021 (12 months)

Project description Associazione Kora is currently looking for 1 volunteer that will support the staff members in farm activities and workcamps.

The volunteer will support the staff members in the following tasks:

- * Gardening and agriculture: restoring medicinal herb garden, planting and maintaining the vegetable garden, learning and promoting self-production of food as a mean for sustainable living
- * Renovation of the spaces (benches, fences, common areas, dormitory)
- * Common cooking.

Application Deadline: 16.08.2020

Application via: Solidarity Corps Portal

Short term Volunteer Service (1 - 6 months)

Solidarity in Primorska, Slovenia

Duration: **10/09/2020 to 07/11/2021 (3 months)**

Project description: During the "Solidarity in Primorska" project, volunteers will daily respond to the needs of local communities. If you would like to help, get many new skills and work in a group of volunteers from all over the world, our volunteer center is a great place to be. Park Istra welcomes volunteers interested in a variety of topics related to sustainability, environment protection and charity. The main characteristics that we will look for in volunteers is high motivation for acquiring new knowledge in the fields of: - getting practical skills (working with tools); - project work, - team work and living in a group of young people; - positive attitude, -self-initiativity. Volunteers with fewer opportunities have an advantage.

Application Deadline: 09/09/2020

Application via: Solidarity Corps Portal

YouthHub Empowered - Giovani al Centro, Italy

Duration: **01/09/2020 to 31/12/2020 (4 months)**

Project description: The project aims to involve young Europeans in voluntary actions in the area of Tortona, and specifically within the Youth Center YouthHub - Chalet Castello, with the aim of promoting values and principles of solidarity and democratic participation and social cohesion. The objectives of the project are: 1) Create opportunities for participation and empowerment for local youth, specifically young people with fewer opportunities 2) Co-plan paths between young people and citizenship, offering spaces and ways for the acquisition of ownership and co-responsibility by young people who are generally marginalized and at risk of exclusion 3) Develop non-formal and peer education activities, offering workshops, creative labs, training opportunities and shared paths with schools, encouraging the acquisition of skills by young people.

Application deadline: 31.08.2020

Application via: Solidarity Corps Portal

CALL FOR VOLUNTEERING IN ITALY IN ECO-HOSTEL

Duration: 01/10/2020 to 30/03/2021 (6 months)

Project description: Legambiente Lecco/Ostello Parco Monte Barro is currently looking for 2 volunteers that will support the staff members in their community with environmental sensitisation activities.

The volunteer will support the staff members in the following tasks:

- * Non formal education activities to spread awareness about environmental topics
- * Organisation of events and festivals about cultures, environment, migrations
- * Organisation of local markets to reduce waste
- * Decoration, upcycling and restauration of the hostel furnitures, also with schools
- * Creation of materials (flyers, videos...) to spread awareness on sustainability, creative recycling, upcycling

Application deadline: 23.08.2020

Application via: Solidarity Corps Portal

CALL FOR VOLUNTEERING TEAM IN A FARM IN ITALY

Duration: 16/09/2020 to 31/10/2020 (45 day)

Project description: Associazione Kora is currently looking for 16 volunteers that will support the staff members in farm activities for a volunteering team project. Volunteering teams can also include Italian participants and former EVS/ESC short and long term participants.

The volunteer will support the staff members in the following tasks:

- * Gardening and agriculture: restoring medicinal herb garden, planting and maintaining the vegetable garden, learning and promoting self-production of food as a mean for sustainable living
- * Renovation of the spaces (benches, fences, common areas, dormitory)
- * Common cooking

Application deadline: 23.08.2020

Application via: Solidarity Corps Portal

BE THE CHANGE 2020 / Youth work, Poland

Duration: 19/09/2020 to 15/11/2020 (3 months)

Project description: The project is focused on youth empowerment, civic participation and development of social skills. It contributes to one of the last stages of creating the first youth centre in town. Volunteers are directly involved in setting up the place and they work along with youth between 12 and 19 years old. Example of main tasks: simple renovation works in the youth centre space (painting walls, renovating furniture), promoting the concept of youth centre via campaigns for youth in social media (making videos, online graphics). The optimistic plan includes designing and implementing the opening event in November. Strongly motivated to contribute energy and effort to setting up space for local youth; passionate about working with young people and motivating them to be active in the local environment; responsible; creative and well-organized; with potential to be a role model.

Application Deadline: 22.08.2020

Application via: Solidarity Corps Portal

NOV-DEC From animator - to ambassadors - to leaders, Poland

Duration: 18/11/2020 to 23/12/2020 (1 months)

Project Description: Topic 35 days Project for 11 applicants. conduct recreational workshops for disadvantaged kids/ youth. Volunteers will coordinate, conduct, and supervise all recreational activities for children and young teenagers volunteers will conduct educational workshops for children and youth in schools NON-Formal education. Together with Polish volunteers of the Action Reaction initiative group, which is part of Leszczyński Volunteer Center will design workshops of science or experiments nature, culture & geographic, sports & well being. Need to promote social cohesion and improve individual well-being from a young age, an alternative way of spending free time and promote ESC volunteering.

Application Deadline: 25.10.2020

Application via: Solidarity Corps Portal

Training Courses

Erasmus+ supports the professional development of **youth workers** through training or networking periods abroad. Periods abroad (up to 2 weeks) can consist of *training courses, study visits, job shadowing or observation periods* at relevant organisations and more.



Before applying, please **contact the National Agency** of your residence country to check if it is involved in this concrete project and committed to cover travel costs. Learn about possible participation fee and other relevant rules.

For more opportunities: www.salto-youth.net

Linguistic Workout! English communication competences for transnational youth projects

18-24 October 2020 | Mollina, Málaga, Spain

This TC aims to improve communication competences in English with a functional methodology focusing on international youth work within Erasmus+. It targets participants seeking to build partnerships and develop international youth projects. The programme of the course is built around activities relevant to the improvement of English communication in an international environment. During the course, participants will learn how to learn by themselves and to improve their skills thanks to simulation exercises, role-play games, presentations and workgroups, where the participants will work on reading comprehension, vocabulary, grammar revision, listening and oral practice.

Recommended for: : Youth workers, Trainers, Youth leaders, Youth policy makers, Volunteering mentors, Youth coaches, Project managers; Erasmus+ applicants in general.

Application deadline: 23.08.2020

Application via: salto-youth.net

Cherry on the cake - youth exchange in the context of a long term work with groups of young people

6 October - 1 December 2020 | online and residential training course, Slovenia

Long term online and offline Training course. Would you like to discover what makes a Youth Exchange the "Cherry on the cake"? Are you willing to discover the long term work with other youth workers?

With Cherry on the cake 2020 we would like to offer you a special journey. An opportunity to discover long term work with groups as first hand experience. With focus on preparatory phase and follow-up activities, which will be implemented online to support residential training course. The whole process is designed as holistic approach to youth exchanges and it can also offer a simulation of phases in youth exchanges.

Recommended for: Youth workers, Youth leaders

Application deadline: 28.08.2020

Application via: salto-youth.net

Impact+: Youth Field

26-29 October 2020 | Slovenia

The training course is based on the Impact+ Exercise that was developed as part of a Transnational Cooperation Activity project led by the United Kingdom Erasmus+ National agency and CMEPIUS the Slovenian Erasmus+ Education and Training National Agency.

The main aim of the training course is to equip participants with knowledge and skills for successful planning and assessing impact of the projects in the youth field.

Recommended for: Youth workers, Youth leaders, Youth project managers, Representatives of youth organisations, youth workers, youth and project leaders planning or/and implementing projects in the Erasmus+: Youth in action or European Solidarity Corps programme.

Application deadline: 07.09.2020

Application via: salto-youth.net

MINDSET OF YOUTH WORKERS in supporting learning through youth mobilities

9-14 November 2020 | De Glind, Netherlands

The overall aim of this training process is to reflect on the mindset of youth workers and exchange, discuss and challenge youth workers about competencies they need for supporting young people's development in youth mobility and furthermore. This will be based on drawing from successful youth mobility experiences and will lead to discussing measures for systematic change in youth worker education and training, to be better prepared! For this we will be using the impact tool.

We expect applicants that apply to take part in the online course, in case the residential course needs to be cancelled by the Dutch NA.

Recommended for: Youth workers, Youth leaders, Volunteering mentors, Youth coaches

Application Deadline: 15.09.2020

Application via: salto-youth.com



Eye Opener in Greece

26-31 October 2020 | Greece

The aim of the training course is to offer an international learning experience to practitioners active in the youth work field, enabling them to develop their competences in setting up quality Youth Exchange projects.

The training relies on setting the basis of quality in youth exchanges. It will also provide the space to develop concrete project ideas among quality partnerships, targeting at submitting application proposals for the coming Erasmus+ Youth in Action deadlines.

This training is a learning-by-doing experience, built on a simulation exercise which is interspersed with workshops, info sessions, activities to improve the group dynamics and ends with an evaluation.

Recommended for: Youth workers, Youth leaders, YOUNGSTERS

Application deadline: 31/08/2020

Application via: salto-youth.com

European Solidarity Corps: Get started with Jobs & Traineeships: ONLINE

2-3 November 2020 | ONLINE, Poland

This online training focuses on the quality elements in Jobs & Traineeship projects in the European Solidarity Corps. Jobs and traineeships in ESC are the most challenging projects for both - the NAs and organisations. Even though National Agencies have quality-labeled organisations they still don't have a satisfactory number of projects in occupational strand. This will be a chance first of all to invite new organizations willing to do projects in European Solidarity Corps with special focus on Jobs & Traineeships projects.

Recommended for: Youth leaders, Youth policy makers, Volunteering mentors, Youth coaches, Youth project managers, organisations, institutions.

Application deadline: 28.09.2020

Application via: salto-youth.com

Youth Exchanges

Youth exchanges allow groups of **young people (13 - 30 age)** from **different countries** to meet, live together and work on shared projects for short periods. Youth exchanges take place **outside the school environment**. On a youth exchange, you can expect to participate in activities such as *workshops, exercises, debates, role-plays, outdoor activities* and more.



Participants **learning experiences** are recognised through a **Youthpass**. Youth exchanges happen all around Europe all the time, the best way to be informed about new youth exchanges or any other youth work opportunities is through **Facebook groups** such as "**Youth Exchanges for Europeans**" or "**Erasmus+ Projects**".