



ZEMGALES NVO
CENTRS



European
Commission

eurodesk

Eurodesk - Newsletter

November '19 Edition

Zemgale NGO Centre and its **EuroDesk newsletter** is a provider in the field of opportunities for young people (13-30 years) in Latvia. EuroDesk is funded by the **European Commission**. Whether you are looking for *volunteering opportunities with Erasmus+, trainings, youth exchanges or traineeships* - our approach is to give you selected information: short, current and useful.

All opportunities mentioned below apply for people whose residence is in **Latvia**.



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What is the European Solidarity Corps?



The **European Solidarity Corps** is the European Union initiative, which creates opportunities for young people to volunteer or work in projects - in their own country or abroad - that benefit communities and people around Europe.

Participants aged 18-30 can be placed with a project either for volunteering (**E**uropean **V**olunteer **S**ervice) or for a traineeship, an apprenticeship or a job for a period between 2 weeks and 12 months usually located within the European Union Member States, however not limited to only these. Young people can get involved in a broad range of topics such as *education, health, social integration, support for migrants and refugees, environmental protection, and plenty of other exciting and challenging areas.*

The skills that you gained during your volunteer service will be **certificated** with a **YouthPass!**

After completing a simple registration process on the **European Youth Portal**, European Solidarity Corps participants could be *selected and invited* to join a project **or apply** for a specific project themselves.

With this program there is no sending organisation needed, all costs

We gave you a selection of possible placements for your EVS, but to see all available opportunities for **ESC** you have to **register first**. But don't worry, it doesn't take long! :)

Long-term Volunteer Service

(7 - 12 months)

EVS in Kindergarten Domschlösschen, Germany



Duration: **06/01/2020 to 05/01/2021 (12 months)**

Project Description: The Project which cares for children in the ages of 3 months to the age of school enrollment. The team is working with an open concept which means children can choose by themselves which activities they like to do. Therefore the children have different opportunities to choose: creative-, role-, handicraft-, experiment rooms and a workshop for writing. As a team we accompany the children to unfold need-based. In doing so, we address the individual conditions of the children and promote their individual self-development. We are happy about a great variety of children in our institution. Our team has many years of experience with caring about European volunteers.

Application deadline: None

Application via: Solidarity Corps Portal

EVS in the Anne Frank House, Netherlands



Duration: **01/02/2020 to 31/01/2021 (12 months)**

Project Description: The volunteer will contribute to the educational activities of the Anne Frank House. The volunteer is based in Amsterdam and will mainly assist the tour of the travelling exhibition about Anne Frank. The exhibition focuses on the story of Anne Frank, the historical context and the relevance of this history for today's world. Copies of the exhibition are on tour in 40 countries. Its educational programme is based on the concept of 'peer education': young people themselves are in charge of the educational programme. The volunteers will also support other educational activities of the Anne Frank House, like teacher trainings and youth seminars and he/she will help to organise the 2020 activities of the Anne Frank Youth Network.

Application Deadline: 30.11.2019

Application via: Send motivation letter + CV to coordinator Levien Rouw, evs@annefrank.nl



Volunteering in a culture centre, Italy

Duration: 01/02/2020 to 26/11/2020 (11 months)

Project description: "Zō Associazione culturale" runs a multidisciplinary culture center called Zō centro culture contemporanee, in the south of Italy. During the year, Zō is programming and producing cultural events (theatre and dance performances, concerts, cinema projections, festivals, laboratories, workshops...), with a particular attention to the education and the social innovation. We are looking for one volunteer for a long term volunteering project starting in February 2020, interested in supporting our team in the daily routine, willing to help us managing and promoting our events (communication and photo documentation), curious to learn how to set up theatre/dance performances and concerts (always with the help and under the supervision of the technical director), happy to help us grow our little gardens.

Application Deadline: 15.12.2019

Application via: Solidarity Corps Portal

Working with social disadvantaged children/teens, Belgium

Duration: 13/01/2020 to 04/01/2021 (12 months)

Project description: Gigos Genk is an NGO with 5 youth centres located in 5 different places in Genk. All these different organizations work with social disadvantaged children and youngsters between 3 and 25 years old. We offer daily activities in the leisure time of the children and youngsters. Activities can be sport, games, handy craft but also educational activities: like how to live healthy, education about drugs/ gambling, how to apply for a job, ... Next to these activities, we also organize social, artistic, cultural workshops. Workshops we offer are: street theatre, photography, dance, multi media. Through these workshops we want to offer a forum where youngsters can show their talents. We want to give volunteers the opportunity, through a solid/structured project, to experience how to interact with youngsters who are in a social vulnerable position. Volunteers work 5 days a week with the children and youngsters. They will have the opportunity to create their own project.

Application Deadline: 2.12.2019

Application via: Solidarity Corps Portal, then motivation letter + CV

Project "Sustainability Rules", Finland

Duration: during the period **09/03/2020 to 31/12/2020 (10 months)**

Project description: The objective of the association is to vivify the country side, promote holistic ecological lifestyle and global sustainable development, as well as to encourage communality, be open for surroundings and cooperate local, national and international ways. We want to develop our role as an international cooperator and create good and active partnerships with our supporting organisations. Everyone gets easily a lot of information about how bad the situation is in this planet. People often feel alone, hopeless and stuck, don't know what to do. We believe that all small things can make a big difference. We do our best to live more sustainably, build up communality, be open for new ideas and make our baby steps for better, safer future. Volunteers from different countries bring our organisation their ideas, worries, solutions for us to improve our work. And the aim is that they will learn many new things here, they will have trust for themselves and future and increase their capacity to act.

Application Deadline: None

Application via: Solidarity Corps Portal

Working with disabled people in health and welfare charity, UK

Duration: during the period **01/01/2020 to 30/06/2021 (12 months)**

Project description: At Leonard Cheshire, we value the role our Overseas Volunteers have in our services throughout the United Kingdom. Due to the length of the placements for overseas volunteers (12 months) volunteers have the opportunity to acquire a range of skills, improve their English, enjoy the best of British culture and life, and develop fulfilling working relationships with our residents, staff and local volunteers which often develop into long-term friendships. Overseas volunteers help support our staff teams in providing an active, involving and stimulating environment for our residents. Through our overseas volunteers, disabled people in our care homes are able to access their local community services and social opportunities more easily and regularly, thus improving their independence and quality of life. This means that in their roles overseas volunteers are engaging in a wide range of activities both inside and outside the home.

Application Deadline: None

Application via: Solidarity Corps Portal



Project "Human-Nature-Volunteer", Lithuania

Duration: 01/03/2020 to 31/12/2020 (10 months)

Project description: Aukštaitija National Park and Labanoras Regional Park were established to preserve and restore natural and cultural heritage of Aukštaitija ethnic region, as well as to organize a sustainable use of it's resources, to spread environmental ideas and raise eco-awareness. Two activities are planned within a project: raising environmental awareness of the community and engaging community in the national park site and habitat management. They focus on environmental education and on involvement of community as volunteers to the site and habitat management in the park. Tasks related to it will be educational activities for schoolkids, for families and other social groups, guided nature tours and thematic events for anyone interested in it, presentations at schools and libraries about the park and its values, nature conservation, environmental issues, sustainable development, volunteering; meetings with a community, planning tasks for volunteer groups and organizing their work.

Application deadline: 10.01.2020

Application via: Solidarity Corps Portal



"Mutual Aide 2" EVS in Youth Development Centre, Bulgaria

Duration: during the period 01/01/2020 to 28/02/2021 (10 months)

Project description: DCMA ORG/ МЦР-Взаимопомощ is searching for 4 EVS volunteers to join activities for: Working on the website theyouth.info - creating the content (articles, videos), publishing and promoting on social media; Learning more about historical places in Bulgaria; Promoting cultural and historical heritage of Bulgaria through the website theyouth.info and social media; Promoting non-formal education and volunteering through online media and active engagement of local youth in such activities; Organizing events for the local community; Organizing events in the local library as language events, art workshops, animations; Raising ecological awareness; Work with a daily care center and elderly house. The project has a flexible date of start. The volunteers are supposed to start at the beginning of 2020.

Application Deadline: 31.03.2020

Application via: theyouthbg@gmail.com, subject "ESC Mutual Aid", Motivation letter + CV



Association for the promotion of
organic farming and volunteering

Organic Farming, Slovenia

Duration: 01/03/2020 to 15/12/2020 (10 months)

Project description: Are you interested to learn about local sustainability, self-sufficiency and organic farming in practice and theory? Do you like to spend your days doing meaningful work supporting interesting and innovative ideas and local projects in the field of organic farming? Then be a part of our team of the "Drustvo EkoPot" (Association Organic Way)! The association is a non-government non-profit organization with the aim to assist and help to evolve in all kinds on farm projects which include everything from day-to-day on a farm in the frame of locally sustainable projects like CSA (Community supported agriculture), a co-op project and direct marketing. You also gain insight into the running of a very active farm with more than 80% self-sufficiency, it is certified organic and biodynamic with vegetable, fruit and field crop production, processing of more than 100 products (bread, marmelade, canned vegetables etc.).

Application Deadline: 15.12.2019

Application via: Solidarity Corps Portal

English: Practice with non-formal methods, France



Duration: 02/01/2020 to 31/07/2020 (7 months)

Project description: A 7 months months volunteering placement at "Centre de Réadaptation de Mulhouse" (CRM). CRM is the biggest Centre in France specialised in health and vocational rehabilitation of adults with physical health problems. It has 3 main activities : Medical/paramedical care, Vocational training, Social and Cultural life. With the help of the permanent staff members and the local volunteers, the ECS volunteers will perform their tasks within the "Social and Cultural Life" department. They will be assigned the following tasks: - To organise workshops for the practice of the English language using non-formal education methods; - To organise games, film sessions followed by debates as well as any other activity that would promote the practice of the English language; - A time to learn the French language and work on personal projects will be included in volunteers' weekly schedule; - Self initiatives will be encouraged. Volunteer has to be aged between 22 and 28. Applicants must have at least a C1 level in English and B1 level in French (speaking).

Application deadline: None

Application via: Solidarity Corps Portal

Short term Volunteer Service (2 - 6 months)

STEP BY STEP 2020 / Youth work, Poland

Duration: **01/01/2020 to 15/06/2020 (6 months)**

Project description: The project is focused on the intercultural education, youth empowerment and development of social skills. It's implemented via various activities, workshops, events, meetings and social animation. The project involves the whole local community. The volunteers work with youth from 11 to 25 years old. Example of the activities: intercultural workshops and presentations in schools, language cafes, discussion clubs, animating space of the Youth Volunteering and Initiative Centre by presenting a variety of activities, local campaigns for youth, developing youth projects along with local teenagers. Volunteer's tasks are based on individual activities, according to the competence and confidence. The host organization provides space and support for development of independent initiatives.

Application Deadline: 20.11.2019

Application via: Solidarity Corps Portal

Project "Youth and City", Poland

Duration: **01/01/2020 to 29/02/2020 (2 months)**

Project description: We are looking for many volunteers to work with us for 2 months between January - February 2020. The volunteer can get involved in following activities (according to your interests): - organizing workshops for local youth - hosting open events such as country presentations or language cafe's, - visiting schools and promoting Erasmus Plus and ESC program, or delivering workshops about culture, human rights, youth opportunities, volunteering - hosting a radio show about youth, culture and education - helping us with administrative works in the office - working with media, photography, film (we own semi-professional equipment: camera, tripod, monopod, lenses etc) - writing articles, taking pictures of our events, - leading our social media, creating promo videos, movie recaps from our projects etc - initiating own projects/events/activities. Visit our website, get to know our activities - it's important for us to know you are aware of our profile: <http://www.goinpro.org/en/evs-in-inpro/>

Application deadline: None

Application via: send CV and motivation letter to joanna@goinpro.org

Sports for Solidarity!, Romania

Duration: **01/03/2020 to 31/08/2020 (6 months)**

Project description: Role and tasks of volunteers are 1. Producing informative materials regarding promotion of a healthy lifestyle through sports activities and outdoor activities. The activity will take place on two groups, and the volunteers supported by the ASG staff will produce videos and audio materials, flyers, stickers, posters, etc. All these materials created in the first month of the EVS stage will be uploaded to the project web page and will be broadcast in the regional press via VTV and Valcea 1 TV channels, but also promoted in online social media: Facebook. 2. Street activities, promoting sports and outdoor activities. This activity will take the form of a media campaign that will take place for 2 months in Dragasani and Rm.Valcea. During the activity the volunteers will learn how to develop a media campaign using non-formal education methods such as street animation, flash mob, public cafe, debates and workshops with young people from schools and youngsters in Roma communities.

Application Deadline: None

Application via: Solidarity Corps Portal

Training Courses

Erasmus+ supports the professional development of **youth workers** through training or networking periods abroad. Periods abroad (up to 2 weeks) can consist of **training courses, study visits, job shadowing or observation periods** at relevant organisations and more.



Before applying, please **contact the National Agency** of your residence country to check if it is involved in this concrete project and committed to cover travel costs. Learn about possible participation fee and other relevant rules.

For more opportunities: www.salto-youth.net

APPETISER - An introduction on how to use Erasmus+ for international youth work**30 March - 3 April 2020 | Danhostel Ishøj Strand, Denmark**

Giving a strong positive first experience of international youth projects to motivate the participants to use the Erasmus+ and partially the European Solidarity Corps Programmes.

Appetiser aims to give a strong positive first experience of international youth work and motivate participants to use the Erasmus+ Programme and, to a certain extent though it will not be tackled as much in details - the European Solidarity Corps Programme. This aim summarises the entire idea of the seminar – to give a feeling, what it means to work with young people in an international setting. Leaving all explanations and knowledge aside it is about giving a space for participants to explore the advantage of “internationality” themselves.

Recommended for: Youth workers, Youth leaders, Youth project managers

Application deadline: 02.12.2019

Application via: salto-youth.net

Escape to Inspire**21-25 January 2020 | Valladolid, Spain**

Future is about changing our habits and becoming environmentally more responsible. But how to involve society? How to deliver our message? “Escape to Inspire” is a project that aims to encourage young people to develop environmentally responsible actions.

Future is about changing our habits and becoming environmentally more responsible. But how to involve society? How to deliver our message? Often our communication with society is problem-focused that makes people feel guilty. It could be that these messages scare them away from our activities because people don't want to think about more problems than they have. Therefore we want to develop encouraging, solution-focused approaches to make people interested in environmental topics and inspire them to change their habits. Games create dynamics, challenge minds, foster cooperation and make people smile and it's one of the ways how to create solution-focused and positive messages.

Recommended for: Youth workers, Trainers, Youth leaders, Volunteering mentors, Coaches

Application deadline: 20.11.2019

Application via: salto-youth.net

Build your own "Social Startup Initiative"**28 January - 2 February 2020 | Košice, Slovak Republic**

Two-phased training course with an option of the realization mini-project, creation of methodology, how to work with the competencies needed to move towards the social economy.

The main objectives of this training course are to create a space for young leaders and youth workers in order to explore: the possibilities of social economy, the differences between social vs. market economy and to learn how to design and apply for transnational youth initiative projects in local communities with social impact.

Recommended for: Youth workers, Youth leaders, successful applicants of Solidarity projects, representatives of youth clubs

Application deadline: 15.12.2019

Application via: salto-youth.net

International exchanges

International Exchange – MIRAI – Japan

Duration: **March 2020**

Project description: “MIRAI • 2019” is a short-term youth exchange program to invite 165 graduate/undergraduate students and young professionals over 20 years age from Europe, Central Asia and the Caucasus, who study Politics, Law, Security Policies, Economics, International Relations, Asian Studies, Japan Studies, Science and Technology or other related fields. The program is entitled as the “MIRAI” with a play on the Japanese word “MIRAI” (未来) (pronounced “me-rye”) which means “Future”. MOFA hopes that the program will offer a great opportunity to

i.Promote mutual-understanding

ii.Promote a global understanding of Japan’s economy,society, history, diverse culture, politics and foreign policy

iii.Disseminate information on Japan’s attractions through communication devices including SNS

Application deadline: 20.01.2020

Application via: [Application form](#)

Traineeships

Traineeship in the European Parliament, Belgium

Duration: 01/03/2020 - 31/07/2020 (5 months)

Fancy discovering how the European Parliament works on a daily basis? Apply for a traineeship and gain hands-on experience of EU decision-making.

The **Parliament** is an important forum for political debate and decision-making at the EU level. MEPs are **directly elected** by voters in all EU countries to represent their interests and to make sure other EU institutions are working democratically. To provide opportunities for vocational training and an insight into its work, Parliament has a traineeship programme allowing university graduates aged 18 and over to get a taster of a career with the EU.

Applicants for Parliament's Schuman traineeship must:

- be aged 18+
- have a university level diploma
- not have worked for more than two consecutive months within an EU institution or body
- not have carried out a study visit in the European Parliament's secretariat six months prior to the start of the traineeship

Application deadline: 30.11.2019

Application via: "Traineeships At The European Parliament" web page

Youth Exchanges

Youth exchanges allow groups of **young people (13 - 30 age)** from **different countries** to meet, live together and work on shared projects for short periods. Youth exchanges take place **outside the school environment**. On a youth exchange, you can expect to participate in activities such as *workshops, exercises, debates, role-plays, outdoor activities* and more.



Participants **learning experiences** are recognised through a **Youthpass**. Youth exchanges happen all around Europe all the time, the best way to be informed about new youth exchanges or any other youth work opportunities is through **Facebook groups** such as "**Youth Exchanges for Europeans**" or "**Erasmus+ Projects**".